

# Rand Kannenberg

Rand Kannenberg served as executive director of Criminal Justice Addiction Services in Lakewood, Colorado, from 1995 to 2008. (Date of retirement October 1, 2008.) Currently director of Jeffco Addiction Assessment Clinic (JAAC) in Lakewood (starting May 1, 2009).

## Career

Kannenberg has provided substance abuse and corrections advanced level training and continuing education workshops in all 50 U.S. states including Alaska and Hawaii, three American tribal nations (The Eastern Band of Cherokee Nation in North Carolina, the Miccosukee Tribe of Indians of Florida and the Sisseton-Wahpeton Oyate Sioux Tribe of South Dakota), Italy, Puerto Rico and South Africa (Last seminar conducted September 26, 2008.) He completed his graduate program at the University of Colorado at Denver in 1984. Kannenberg graduated from Wheat Ridge High School in Wheat Ridge, Colorado in 1978. He has been a featured speaker or trainer at approximately 500 state, regional, national, and international workshops or conferences.

## Controversies

Kannenberg also has received negative feedback about his 25 year career, mostly related to his efforts to change laws regarding smoking in public places and to not fund federal research involving harm reduction with Methamphetamine users. "Rand Kannenberg's letter (November 28) defending Senator Dorothy Rupert's proposal to criminalize smoking in cars while children are present indirectly shows how weak for case the prohibition really is." "Mr. Rand Kannenberg, who apparently makes his living by selling how-to books and workshops for criminal case managers and others who deal with drug abusers, has a primary economic interest in publicity, such as the publicity he attempts to generate here." "I think Mr. Kannenberg owes Dr. Booth, his staff and the community an apology for recommending a course of action that would needlessly cost the lives of the most difficult and recalcitrant among us, methamphetamine injectors."

## Community Involvement

Kannenberg's social activism started at an early age. At 19 (in 1979), he was the youngest individual to be invited to testify for the United States Department of Health, Education, and Welfare Ethics Advisory Board regarding research involving human in vitro fertilization and embryo transfer. After he published a guest column in the Rocky Mountain News at the age of 27, Kannenberg was nominated to the Colorado Parole Board. He was the youngest person ever nominated. He was not appointed. Kannenberg was actively involved as a health and safety advocate for more than a decade. In 1998 he petitioned the United States Department of Transportation (DOT) to support the use of seat belts on all school buses in this country because of numerous crashes resulting in student injuries and deaths in the news. "In 1997 he initiated and wrote a bill for the Colorado State Senate transportation committee banning smoking in cars with children as passengers. In 2002 he proposed that nicotine addiction be a prohibited activity for Colorado certified and licensed addiction counselors. In 2002 and 2003 he petitioned the Lakewood City Council and the Jefferson County Board of Health to recommend making all restaurants and other businesses totally smoke free. He has also organized boycotts of retail grocery and candy stores that sell candy cigarettes to children." Kannenberg filed a lawsuit against the Mayor of Denver and the Manager of Aviation claiming that the smoking lounges at Denver International Airport (DIA) violate state law because they're not fully enclosed as required by HOUSE BILL 06-1175 ("Colorado Clean Indoor Act"). In 2006 Kannenberg filed formal complaints regarding unethical advertising against two attorneys from a Denver law firm with the Colorado Supreme Court Attorney Regulation Counsel and was assigned two separate case numbers for their paid ad in a weekly newspaper that read, "THE DUI LAWYERS" and included this wording, "Memorial Day Tip: Pure alcohol has no odor."

## Personal and Family

"Rand Kannenberg and his wife graduated from Wheat Ridge High School in 1978 and both their daughters are now students there. The family lives in Lakewood." Kannenberg is estranged from his family of origin stating he has been "abandoned" and "orphaned." Kannenberg defines himself as a relapse free recovering addict and alcoholic after trauma at a Denver hospital in 1993 (a weapon on the unit, an escape of a patient, a hostage taking of an employee, a murder of the security guard, an attack against him resulting in injury, a death of another patient, and a suicide of a coworker).

## Awards

Kannenberg received the "Trainer of the Year Award" from the Alcohol and Drug Programs (ADP) at Safety Center Incorporated's (SCI) 15th annual meeting in Sacramento, California on August 22, 2008. Kannenberg had been a speaker for SCI ADP for five consecutive years. SCI ADP provides counseling and case management services for drinking drivers and other drug related criminal offenders for the State of California. Kannenberg was awarded a "Certificate of Accomplishment" for "24 Years of Distinguished Service as a trainer, mentor and addiction professional" by the National Association for Addiction Professionals (NAADAC) on June 20, 2008. Kannenberg was a 2005 William Foote Whyte Distinguished Career Award nominee by the American Sociological Association Section on Sociological Practice. He was a 2003 Public Health Champion of the Year recipient by the Jefferson County, Colorado Department of Health and Environment. Kannenberg is a certified case manager and a licensed addiction counselor who designed the Resocial Group (TM) curriculum to decrease recidivism for inmates with Antisocial Personality Disorder and a coexisting substance abuse or dependence. His evidence based techniques, first created in 1986, are considered "sociotherapy" and "cognitive behavioral therapy." His books, manuals, audio/CD tapes, and Internet courses are available at numerous online bookstores and 12 different websites in the U.S., U.K., Canada and France. He has assessed and/or treated thousands of parolees, probationers, halfway house residents and non residents, intensive supervised probation or parole inmates, jail and prison inmates, diversion clients and other criminal offenders in his private practice and independent contract work since 1984.

## Clinical Practice

"The aim is to rehabilitate offenders through resocialization in group sessions using 'sociometry' and other 'sociological counseling' techniques. Kannenberg's 'sociotherapy for sociopaths' is clearly predicated on both general sociological concepts of socialization and the assumptions of 'social learning theory.'" There are at least 1,500 certificated facilitators of Resocial Group (TM) in more than 30 U.S. states. "The program is credited with reducing the number of repeat drug offenders in three states." "Rand Kannenberg, an expert on the approach..." "His work is an outstanding example of the importance of clinical and applied sociology for the sociocultural context of crime and substance abuse problems." "Addictions expert Rand Kannenberg..." Course instructor, like Dr. Stanton Samenow, psychologist and criminal behavior expert, with The Institute for Addiction and Criminal Justice Studies.

## Publications

- \* Case Management Handbook for Clinicians (2003, Eau Claire, WI: PESI HealthCare, LLC.).
  - \* Sociotherapy for Sociopaths: Resocial Group. A Group Treatment Curriculum for Adults with Antisocial Behavior and Substance Abuse (2003, Eau Claire, WI: PESI HealthCare, LLC.).
  - \* Political Socialization and Resocialization of American Youth and Young Adults: The Process of Learning, Unlearning, and Relearning Political Norms, Values, Attitudes, and Behaviors (Published by University of Colorado, 1984.).
- ## Lectures

- \* "Medication Abuse: Over-the-Counter and Prescription Drug Abuse and Dependence"
- \* "Sociotherapy for Sociopaths"/"Resocial Group"
- \* "Using Humor in Offender Counseling and Supervision"
- \* "Clinical Case Management and Behavioral Health"
- \* "Deviance and Criminal Behavior"
- \* "Theories and Models of Helping Offenders Change"
- \* "Communication Techniques with Clients"
- \* "Cultural Diversity Skills in Community Corrections"
- \* "Addiction Counseling and Professional Ethics"
- \* "Criminal Offenders with Coexisting Diagnoses" (aka, "Successful Outcomes for Criminal Offenders") (aka, "Antisocial Personality Disorder & Other Challenging Client Populations")
- \* "Clinical Case Management in Healthcare and Human Services"
- \* "Methamphetamine"
- \* "The Meth Epidemic" (aka, "METH: Assessment, Intervention & Treatment")
- \* "Clinical Evaluation for Antisocial Personality Disorder and Substance Use Disorders: The Knowledge, Skills and Attitudes to Use Three Screening Instruments"
- \* "The Offender and Addiction-Cognitive Behavioral Therapy"
- \* "The Offender and Addiction-Clinical Case Management"
- \* "How to do Interventions"